

Free First Language psychological Counseling for Refugees in Vienna's who receive Basic Services (Grundversorgung)

for Children, Teenagers, and Adults

Project **NEDA** offers free help for **mental and psychosocial problems** for **refugees** who receive **basic services (Grundversorgung)** in Vienna.

Our offers include up to 20 free and confidential clinical-psychological **counseling sessions** which can help in times of personal crisis, problems, bad experiences, or other traumatising situations. If possible, counselors speak the same **first language** as their clients.

Available first languages:

- Arabic
- German
- Farsi
- Russian
- Ukrainian

For all other languages, translators will be consulted.

Moreover, NEDA holds free **workshops** about physical and mental health. These, can be held in the above-mentioned languages as well.

NEDA's counselors will help **minors and adults** stabilising, finding solutions for problems and overcoming bad experiences. Working in a **gender- and culturally sensible** way of working is one of the principles of NEDA.

Project **NEDA** is part of the **Institute for Women's and Men's Health in Vienna**. The health Centers **FEM** at the Clinic Floridsdorf (Klinik Floridsdorf) as well as the Health Centers **FEM Süd** and **MEN** at the Clinic Favoriten (Klinik Favoriten) belong to this Institute.

**To schedule an appointment for a counseling session or workshop,
please feel free to give us a call!**

FEM (Girls/Women):

Klinik Floridsdorf – Brünner Straße 68/A3/Top 14, 1210 Wien – Tel.: +43 1 27700 5600

FEM Süd (Girls/Women):

Klinik Favoriten – Kundratstraße 3, A-1100 Wien – Tel.: +43 1 60 191 5201

MEN (Boys/Men):

Klinik Favoriten – Kundratstraße 3, A-1100 Wien – Tel.: +43 1 60 191 5454

www.fem.at